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## PRESS NOTE

There is an increasing incidence of Chronic Kidney disease in India due to various factors and 1 in every 11 individuals have some minor or major kidney problem. The kidney failure is not reversible in majority of cases. The cost of treatment in the form of maintenance Hemodialysis which is done three times a week is not sustainable and has huge impact on meager resources on economically developing nation like ours, but more importantly it puts the patients' life completely out of gear for the need to visit the hospital for heomodialysis and related complications.

Renal Transplant is the treatment of choice for ESRD. The renal transplant surgery is mostly done in tertiary care centres or the private corporate sector where the cost of renal transplant is approximately 7 to 8 lakhs. The Renal Transplant surgery is out of bounds for IPs (Insured Persons) in most of these corporate hospitals for various reasons. The result of which is that most patients continue to remain of maintenance hemodialysis and quite a few of them die due to lack of transplant.

Patients after transplant surgery can lead a normal productive life, work again and add to the working force of the nation and also it is economically much cheaper where the cost of the immunosuppression treatment in an institute like ours is much cheaper than the cost of providing maintenance hemodialysis.

ESIC Super Speciality Hospital, Sanathnagar has first started Renal Transplant programme in 2021 under the Leadership of the then Dean. Dr. Srinivas M. The transplant program is running successfully with the constant support and guidance from the present Dean, Dr. Madhuri Shreesh Kate and Medical Superintendent Dr. M. Radhika.

ESIC Medical College & Super Speciality Hospital, Sanathnagar is the first ESIC Hospital in India which has started the program and the only hospital doing it. Till date 10 transplants are done and all are healthy with normal graft function. All patients are regularly being followed up in the department and all the immunosuppression medications are dispensed absolutely free of cost by the ESIC.

Further to this, ESIC Super Speciality Hospital, Santhnagar, Hyderabad is being approved as the authorized centre to conduct deceased / cadaver renal transplant program, under Jeevandhan Program. This will help hospital to help more number of patients.

The hospital aspires to become a centre of excellence for the transplant surgeries and offer these surgeries to IPs across India.